



The Tale Twister

Cullman Lions Club

September 15, 2025

Program

Lion Brad Mitchell first spoke about a Fair Board meeting several months ago which identified a vulnerability at our fairgrounds because we did not have an AED (automated external defibrillator). Not only are there several of our Lions who have weak hearts, but during the Fair there may be patrons who are in the same condition where an AED could save a life. Therefore, the Fair Association recently purchased an AED, which will be permanently mounted in the Fair Office for potential use during our Fair activities or anytime the Fair Office is open. With that in mind, Lion Brad introduced his own brother, Dr. Kelly Mitchell, a highly qualified anesthetist nurse at UAB, who discussed and demonstrated an AED as well as proper CPR technique. Dr. Mitchell is from Cullman and received his bachelor's degree from UAB and anesthesia training at Charity Hospital and Xavier University in New Orleans, and his doctorate at the University of Alaska in Anchorage, where he also served on the faculty. With all that education and experience in mind, Lion Brad asked him what he actually did at work, to which Kelly replied, "I sit on a stool and pass gas all day."

Dr. Mitchell not only had an AED, but a dummy for demonstration purposes and a slide show for use during his presentation. He explained that the AED we have is very simple to use because after you hit the "start" button it tells you through a speaker every step of what to do. There is also a pamphlet with pictures that explains what to do step by step. It starts by telling you to check their responsiveness & breathing, and if not breathing, call EMS, remove clothing from

the chest if needed. Then it tells you where to place the contact pads on the victim's chest; it tells you not to place the pads over any pacemaker, defibrillator, or other medical devices or any metal; then to stand clear, not touching the victim before proceeding with a shock to the heart to establish a correct heartbeat. The machine can detect and analyze the victim's heartbeat; if not good, it will increase the shock at higher increasing levels 3 more times and keeps shocking until a good heart rhythm is established. After verifying heartbeat, the AED will tell you to start CPR. If you need CPR instructions, press the flashing blue button which gives instructions on how to proceed with CPR until EMS or an ambulance arrives. The AED's CPR instructions even include a timed beat for CPR pressure strokes on the victim's chest. The AED tells you step-by-step what needs to be done.

Dr. Kelly Mitchell, AED, & dummy.



Kelly explained that the AED is not any good without CPR beginning as soon as a heartbeat is established. He also demonstrated CPR on his dummy and answered many questions from our audience.



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Dr. Kelly Mitchell gave us a much needed, entertaining, and very helpful presentation that may someday save a life with the help of our AED.



Dr. Kelly Mitchell, flanked by Lion President Delane Ray and Lion Brad Michell, after receiving token of appreciation cup.

Other Business

Lion Javon Daniel continues recovery and stabilization from heart related issues. Lion Mike Ponder continues his cancer fight. Lion Ron Seybold has moved into his sister's house and is receiving daily visits by hospice caregivers/nurses. Pray for these Lions.

Following, are a couple of photos of Lions & spouses taken at the Agriplex's "Home to Harvest Dinner" on Sep. 18th at the Loft.



Also, there are still tickets available to the "Little Pink Dress" benefit dinner at Stone Bridge on October 7th (1st come, 1st served)

Lion Frank Odell announced next New Member Roundtable 9.22.25 at Freddie Days after the club meeting. It will be session three with discussions about how the Club works, the Board of Directors, and the committee structure. Leading this session will be Lion Chris Brooks, our immediate past president who lead the Club for 24 months. New Lions encouraged to attend are Mary Horton, Joe Sivilli, Noah Carpenter, Jeremy Bryant, Brooke Marks, Don Scott, and Brooke Windeknecht. Any Lions wanting to attend are welcome.

Lion Craig Gadow provided details of last week's BOD meeting. The BOD voted to provide funding to the new Etowah County Lions Club, Unsheltered International for finishing a new house in their tiny village, the Truth in Nature Rodeo, the Link of Cullman, and the Foundry for their Thanksgiving meal.

Lion Don Smith asked Lions to visit the Fair website, CullmanFair.org and look for any errors -- in particular, the calendar of events & times. Let him know if you see something questionable.



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Upcoming Programs and Events

September 27: Saturday morning from 7:00AM until Noon, Dave Bussman requested special help from Club members in getting the Lions Concession Stand cleaned and ready to serve food & snacks for Fair. With enough help, Lion Dave says we could accomplish this task within a couple of hours or less.

September 29: Work Night starting at 5:00PM until 6:30PM with hot dogs and hamburgers in preparation for Fair.

October 4: Fair Parade & beginning of Fair exhibits turn-in:

Fair exhibits for Bldg. #1-- Lion workers be there at 8:00AM, with exhibits acceptance starting at 9:00AM. If you have not been advised to be at Fairground, be at City parking deck's lower street level for parade assignment at 10:00AM; parade starts at 2:00PM. All Lions

should be at one of those two locations Saturday morning.

October 6: No meeting. Fair preparation still ongoing.

October 9-18: Cullman County Fair.

See Cullman Fair assignments on page 3.

Tale Twister Input

If you need something special or to report a correction in the *Tale Twister*, see Lions Carey Thompson or Don Smith at the meetings. Lion Carey can be reached at 256-739-0580 (H) or 256-426-3207 (C). Lion Don can be reached at 256-737-7433 (H) or 256-426-7722 C.



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FAIR WORK ASSIGNMENTS 2025-V2 Published

			E GATES			H PARKING				
A AG EXHIBITS			1	Scott, Tim		1	Roberts, Samuel		Not assigned	
1	Mitchell, Brad	+Gates	2	Willingham, Barry		2	White, Richard		1	Gallin, Jerry
2	Murphree, Steve		3	Bryant, Jeremy		3	Aker, Adam		2	Grier, James
3	Carrson, Phil ip		4	Byrd, Jeff	+Ind Ex	4	Clay, Claude		3	Howard, James
4	Krigbaum, George		5	Doggett, Douglas		5	Duke, Kelly			
5	Osborne, Fred		6	Earnest, Michael		6	Fromholz, Michael	+Security		
6	Ray, Danny		7	Gadow, Craig		7	Hogue, Matthew			
7	Spradlin, Doug		8	Gambrell, Chad		8	Gentry, Matt			
		9	Gudger, Garland	9		James, Patrick				
		10	Hamm, Mark	10		Lawson, Jeff	+Security			
		11	Horton, Jimmy	11	Mangum, Mike					
		12	Jacobs, Woody ?	12	Manning, Andrew					
		13	Jackson, Quinn	13	McSwain, Steven					
		14	Johnson, Lee	14	Monk, Brian					
		15	Murphree, Steve	+Ag Ex	15	Parrish, Milford				
		16	Peek, Rickey		16	Ponder, Eric				
		17	Pfeifer, Tom ?		17	Ray, Joshua				
		18	Rodgers, Steve		18	Rainwater, Clark				
		19	Scott, Don		19	Ruffner, Sam				
		20	Smith, Jerry		20	Sivilli, Joseph				
		21	Sumner, Dewayne		21	Spaeth, Brian				
		22	Waldrep, Ron							
		23	Walker, Alar							
		24	Wilhite, Terry							
		25	Williams, Raymond							
		26	Wren, Jeffrey							