



The Tale Twister

Cullman Lions Club

October 28, 2019

Program

Lion President Andrew Manning introduced our speaker, tonight, Mr. Bill Strandlund, Executive Director of Grace Place Cullman. Bill is a Cullman native and past member of the Cullman City Board of Directors. Grace Place has been up and running for a couple of years now, and Bill was appointed to his position as Executive Director in January 2019. Grace Place was created mainly as a respite for caregivers of patients with mild to moderate memory loss, as well as to provide enhancement to the quality for the patients (clients), themselves. Bill has a close connection to our Club in that he is a nephew to the late great Lion Chester Freeman. Bill also has a direct personal connection with Alzheimer victims since his own grandmother and, also, best friend and cousin, Dr. Phil Freeman (Lion Chester's son) suffered from this debilitating disease.



Lion President Andrew Manning standing with Mr. Bill Strandlund.

Mr. Strandlund began his presentation by talking about his experiences with grandmother and how important and

enjoyable his visits were to her house as a child, and then how things slowly changed for her as Alzheimer's took over her mind. He then talked about how this terrible disease struck Dr. Freeman and destroyed this physician's practice at its prime.

Bill explained that Grace Place clients must be able to move about on their own (even if by means of a wheelchair or walker), be able to feed themselves, see to their bathroom needs by themselves, and take their medications as scheduled if reminded.

The client's caregiver must provide transportation. Caregivers and clients decide how many sessions each month the participants will attend. There is a daily participation fee of \$30.00 and includes all supplies and lunch; however, no qualified participant is turned away because of ability to pay. After a one-week notice, caregivers & clients can attend the first session as a trial visit at no charge. Also, financial assistance may be available through the North Alabama Regional Council of Governments (NARCOG), 256-355-4515 .

Activities include daily prayer & devotionals, chair exercises, word games, large-piece jigsaw puzzles, and storytelling. Therapies include music, arts, crafts, pets, visiting entertainers, and public service projects. Structured activities and socialization provide clients with stimulation for body, mind, and spirit.



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Grace Place is located in the fellowship hall of Grace Episcopal Church with sessions held 10 AM to 2 PM Tuesday and Thursday, each week, except holidays, 256-736-4260. Grace Place Cullman is providing a great service in our community. Lion Don Smith thanked Bill for the help provided to our own Lion, George Hammett, a Grace Place client.

Upcoming Programs and Events



Lion Larry Bagley
34A District Governor



Other Business

Lions Javon Daniel and Riley Smith are having surgery this week. Lion Doug Williams is recovering from his recent abdominal aneurism surgery.

MD 34-A Governor, Lion Larry Bagley, will be attending our Club's meeting on November 4th.

The Farm City Banquet will be held November 21st. See Lion Jerry Bonner for tickets.

The Christmas/Fair Banquet will be held on December 9th at Stonebridge.



Ms. Lesley Ann Hyde

November 4: Ms. Lesley Ann Hyde, paranormal investigator and founder of "Southern Ghost Girls." Also, speaking will be 34A District Governor, Lion Larry Bagley.

November 11: TBD

November 18: 2019 Fair financial report; Fair Board election (Club members only; no guests).

November 25: No meeting for Thanksgiving week.

December 2: TBD



We have really been spoiled with the meals at our Club meetings. Tonight, we had steak in addition to many other options. All's been great! You can also pay Lion Treasurer Jerry Bonner to bring home an extra take-out meal.

Photographer: Lion Charlie Powell

Editor: Lion Carey Thompson

Associate Editor: Lion Don Smith



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December 9: Fair Appreciation Dinner at Stonebridge at 6:00 PM.

If you need something special or to report a correction in the *Tale Twister*, see Lions Carey Thompson or Don Smith at the meetings. Lion Carey can be reached at 256-739-0580 (H) or 256-426-3207 (C). Lion Don can be reached at 256-737-7433 (H) or 256-426-7722 (C).