



# The Tale Twister

## Cullman Lions Club

March 12, 2018

### Program

Lion Chris Robinson introduced our speaker, Dr. Bill Peinhardt, who has presented several programs to our Club over the years. Always an engaging speaker, and a man of many interests and talents, Dr. Peinhardt spoke to us tonight about walnut trees and building walnut furniture.



(L to R) Lion Chris Robinson, Dr. Bill Peinhardt, and Lion President Bill Ruehl are standing behind a walnut chest, built by Dr. Peinhardt. The wood used in this project came from Peinhardt property.

Dr. Peinhardt began by encouraging all present to plant and grow Black Walnut trees. Bill's father was very fond of this tree and had planted a grove of this variety on his farm. He passed this fondness on to Bill. The dark wood of this tree is the favorite medium for Dr. Bill's woodworking projects. Although it's a hardwood, it still fashions easily with wood working tools and generally required nothing more than Tung oil to produce a beautiful dark finish. It usually takes about 30 years to grow an

ideal Black Walnut tree for harvesting. At that point you can usually count on the tree being at least 16 inches in diameter, measured at a height of 16 feet. It grows best in low areas with good moisture most of the year. Dr. Peinhardt says that this tree is great along creeks that may have problems with beavers because they will avoid the Black Walnut. The Black Walnut tree is found more often in cooler climates than Alabama, and Cullman marks just about as far south as the Black Walnut can be found, but trees producing boards with a width of 15 inches are possible. If you plan to use this tree for lumber, you will need to keep the lower branches pruned back, so that knots are not formed in the wood. Dr. Peinhardt said he has planted his own grove and patches of Black Walnut, but that it will be likely be up to his heirs to harvest most of it. He said that he has had better luck in growing his own hardy trees by just planting a Black Walnut nut rather than transplanting a tree from a nursery.

Besides the lumber, and obviously the nut, the Black Walnut tree can provide other uses. If a tincture is made by soaking the green husks of the nut in at least 80% proof spirit alcohol for a couple of weeks, it will yield a medicine that will kill most intestinal parasites. It can also be applied locally to kill ringworm. The tannins in Black Walnut hull (and leaves) possess an astringent quality that is thought to shrink the sweat glands and reduce excessive sweating. Black Walnut is known as an effective anti-viral and is used to fix warts, which are caused by viruses. Black Walnut



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is an anti-fungus and has been used to fight herpes, cold sores, and athlete's foot. Dr. Bill also noted that if you have ever tried to peel back the husk of a Black Walnut nut, you have encountered its staining properties; this property has been tapped for use as a dye for both hair and clothes. Our program was entertaining and informative.



Dr. Bill discusses one problem often seen with the use of the Black Walnut from someone's home site or farm. And that is the damage to the blade in a sawmill from horse shoes, nails, barbed wire, etc. that may be found in such trees as they grew around these objects. One way to counter this is to use a metal detector to check & locate them, and then to chisel them out.

### Other Business

Lion Mariman Pope continues to face significant medical challenges as his condition weakens.

The Secretary read the March 5th BOD minutes, in which he detailed a number of contributions that the Club made to worthy charitable organizations.

New Member training, led by Lions Frank Odell and Scott Waldrep, was held on the Constitution and By-Laws.

Nominations for 2018 – 2019 officers will be announced at the meeting next week. The election will be held in April.

The annual "Shredathon" will be held April 7<sup>th</sup> from 9:00 am to 1:00 pm behind Buffalo Wings on Highway 31.

The MD-34 annual State convention will be held in Guntersville April 27<sup>th</sup> through April 29<sup>th</sup>. See registration form on page 3. A wish list for toys and other items to support a children's drive which will be collected at the convention is seen on page 4.

### Upcoming Programs and Events

March 19: Carol Anne Sporleder of the "Feed the Community" organization.

March 16-17: The MD 34-A Convention. This is happening this Friday & Saturday at Joe Wheeler State Park.

April 7: Shredathon.

April 27-29: MD 34 Convention.

### Tale Twister Input

If you need something special or to report a correction in the *Tale Twister*, see Lions Carey Thompson or Don Smith at the meetings. Lion Carey can be reached at 256-739-0580 (H) or 256-426-3207 (C). Lion Don can be reached at 256-737-7433 (H) or 256-426-7722 (C).



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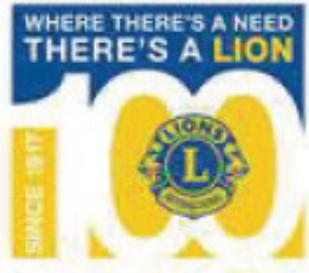
## Cullman Lions Club



Lions International 3rd VP Judge  
Haynes Townsend will be keynote speaker  
at the MD 34 Annual Convention.

### MD 34 ANNUAL CONVENTION

April 27, 28, 29, 2018  
Guntersville State Park Lodge  
(256) 571-5440



#### Convention Registration Due By April 12, 2018

Lion \_\_\_\_\_  
Position in Club \_\_\_\_\_  
Badge Name \_\_\_\_\_  
Mailing Address \_\_\_\_\_  
Phone # \_\_\_\_\_  
Lions Club \_\_\_\_\_

#### Lion Hospitality Book:

Registration and Meals # \_\_\_\_\_ @ \$115.00 \_\_\_\_\_

#### Food Allergies:

\_\_\_\_\_

#### Individual Prices:

Registration # \_\_\_\_\_ @ \$25.00 \_\_\_\_\_ Donation of \$1-\$5 for Hunger service project \$ \_\_\_\_\_

Friday Night Western Party # \_\_\_\_\_ @ \$35.00 \_\_\_\_\_

Saturday Lunch # \_\_\_\_\_ @ \$20.00 \_\_\_\_\_

Saturday Banquet # \_\_\_\_\_ @ \$40.00 \_\_\_\_\_

Entree Choice Prime Rib (medium) \_\_\_\_\_ Vegetarian \_\_\_\_\_

Chicken Parmesan \_\_\_\_\_

Total \$ for registration and donation for Hunger project \$ \_\_\_\_\_ (mail with registration form)

#### Make Check Payable to:

MD 34 Annual Convention

Mall to: Lion Howard Rew

28164 J. Yarbrough Road

Athens, AL 35613

Questions to Larry Bagley 256-486-3491 or

[ContactUs@GuntersvilleLionsClub.com](mailto:ContactUs@GuntersvilleLionsClub.com)

1. The hospitality book is \$115.00 and includes 3 meals; the Friday night meal and party, Saturday lunch, and Saturday banquet. Parking and WiFi are free, breakfast is an additional charge. Purchase of full Hospitality Book reflects a reduction of \$6.00 in fee. All attendees must pay a fee, and doing so by April 12th guarantees a meal; funds must accompany registration form.
2. Lions have to make their own hotel reservation by March 27th. Room rates are \$103-\$159 (includes fees and tax) and drops to \$89-\$155 when reserving more than one night; use code 8368. Cabins are available for 1-8 people and are priced separately. Camping is \$18-\$28 depending on site. Please identify yourself as a Lion when reserving your room. The Guntersville State Park Lodge number is (256) 606-8821.
3. Delegate Voting: Only delegates of clubs in good standing may vote. Good standing for these purposes means those clubs which do not have accounts payable to Multiple District 34 or Lions Club International in a cumulative excess of \$50.00 and are not on Status Quo. Please submit your club-approved delegates to your District Governor prior to Convention.
4. Please wear western attire for the Friday night party, there will be prizes awarded based on costume!
5. Please bring club banners to display in the meeting hall. Each club is asked to bring a door prize.



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Children's  
of Alabama®

## Wish List

All in-kind donation items must be new. No violent-themed toys, please.

### ELECTRONICS

Batteries  
Xbox 360 system/games  
Xbox Kinect accessory  
Wii system/games  
Playstation 3 systems/games  
PSP's and games  
Ninetindo DS systems/games  
DVD's  
I pods shuffles/ I pod touch

### GAMES

Apples to Apples  
Apples to Apples Jr.  
Bananagrams  
Battleship  
Boggle  
Checkers  
Chess  
Clue/Clue Jr.  
Connect Four  
Guess Who  
Jenga  
Life  
Monopoly  
Monopoly Jr.  
Phaze 10  
Playing Cards  
Puzzles (24-500 pieces)  
Scattergories  
Scrabble  
Sequence  
Sorry  
Trouble  
Uno/Uno Attacks  
Taboo

### CRAFT SUPPLIES

Washable Markers  
Crayons  
Colored pencils  
Coloring books/construction paper  
Coloring wonder kits  
Glue & scissors  
Paint (Washable, acrylic, fabric, temper, ceramic, water color, finger paint)  
Fabric markers  
T-shirts (all sizes), pillowcases, tote bags, & white baseball caps  
Canvases for painting (all sizes)  
Dry erase crayons/markers  
Window Markers  
Glitter/Glitter pens/Glitter glue  
Sequins  
Pipe cleaner  
Ribbon  
Sewing kits & jewelry making kits  
Stickers/Sticker books  
Ceramic shapes to paint  
Craft kits  
Play-dough/Molding clay  
Wooden Letters to paint/decorate (all sizes)  
Poster board  
Foam shapes & sheets  
Stained glass & paint

### MISCELLANEOUS

Dry erase boards  
Bubbles  
New Beanie Babies  
Child friendly blankets/quilts/pillowcases  
Pajamas/underwear/socks